



Carmenta Life Coronavirus Update

We wish to reassure our clients and practitioners that your safety is our primary concern and that we have carried out a detailed risk assessment of the environment that you will be having your consultation/treatment. Please help us to make sure that we are all complying with up to date Government Guidance by reading this update.

We are asking that all visitors and clients do not arrive early for appointments to avoid people waiting in the Reception area. We ask that you arrive on time and wait outside for your practitioner to come and let you in. Upon entering the building please use the hand sanitisers provided in reception and available in all rooms.

All visitors and clients attending appointments at Carmenta Life are advised to wear a face covering. Please bring an appropriate face covering to your appointment.

We have disposable single use face masks available at reception to purchase if you do not have your own. These face coverings should cover the mouth and nose while allowing you to breathe comfortably. Face coverings can be as simple as a scarf or bandana that ties behind your head to provide a snug fit.

Additionally your practitioner will have sent you a questionnaire to fill out prior to your appointment and/or had a detailed conversation with you regarding your current health status and will ask that you check your temperature prior to arrival or have your temperature checked by the practitioner here before you will be seen for your appointment.

You will see that there is a one-way system inside the premises so please follow the arrows upon entering and exiting the building. Where possible please allow your practitioner to open and close doors for you within the premises to minimise surface contact.

If using the toilets there are wipes provided to use on surfaces and then dispose of in the **waste bin**. Please do NOT flush these down the toilet. Please ensure adequate hand washing as per the written guidelines at each sink area and use the hand sanitiser provided at reception again before leaving the premises.

THANK YOU FOR YOUR CONSIDERATION